

Sat 12th Oct

**Play**—Ultimate Frisbee

**Make**—Pencil Friends

**Try**—Double Dutch

Or

Finder Knitting and pom poms

Sat 9th Nov

**Play**—Badminton and Curling

**Make**—Coffee Filter Poppies

**Try**—Dodgeball

or

Bird feeders

Sat 7th Dec

**Play**—Kwick Cricket

**Make**—Decorate gingerbread

**Try** - Nerf or Scratch Art

First session FREE  
thereafter  
£10 family / session

Fun, Friendship and support for  
those living with  
a hidden difference 0—18 years  
and their families

Trained Playleaders at every  
session providing  
the support to be successful

For more information  
and to book please visit

Sat 26th Oct

**Play**—Bench Ball

**Make**—Mummy Lanterns

**Try**— Hockey

Or

Monster Eyeball cakes

Sat 23rd Nov

**Play**—Volleyball

**Make**—Advent Chains

**Try**—Golf Or Air Drying Clay

Sat 21st Dec- Xmas Party !

**Play**— Snow Dodgeball Ball

**Make**—Sock Snowmen

**Try**—Party games and disco  
or Snow Globes